

Save Lives: Share Information

1

Colon Cancer Risks Depend on Family History

Risk for most people
5%

Risk if one first-degree relative* has or has had, colon cancer

10%

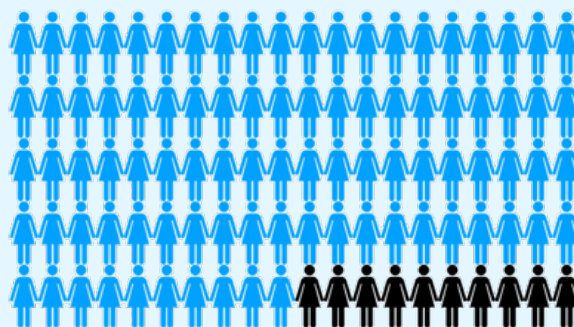
Risk increases if more than one family member has, or has had colon cancer

*First-degree relative = parent, sister, brother, child

2

Finding Cancer Early Improves Outcomes

When colon cancer is found early,
90 out of 100 people survive



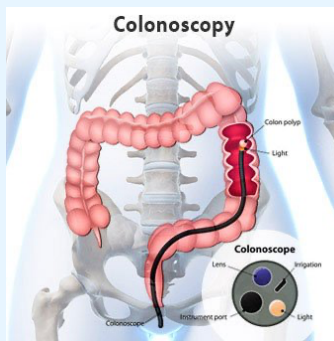
If cancer is found late (after it has spread)
only 14 out of 100 people survive



3

How to Prevent Colon Cancer

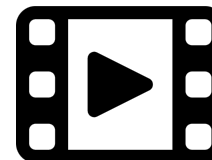
- Colonoscopy is a screening tool that can prevent colon cancer by removing polyps before they become cancer
- Insurance usually covers screening costs
- For people with a family history of colon cancer, doctors often recommend:
 - Starting screening at a younger age
 - Screening more often than people at average risk



4

Make a Plan

- Talk to a doctor about your family history of cancer
- Your doctor may order colonoscopy or other types of cancer screening



Go here for more information on colon cancer risks and screening:
deborahcragun.com (beta website)